

Waxing Dos & Don'ts

Before You Book

Waxing is one of the quickest and most effective temporary hair removal methods available. Results last much longer than shaving, epilating, or threading. Though widely popular there are still some important considerations to take before going in for your service.

PRECAUTIONS & CONSIDERATIONS:

You must wait a **minimum** of seven (7) days before waxing after a light chemical peel or microdermabrasion.

Waxing cannot be performed if you have had laser skin resurfacing within the past year.

Waxing cannot be performed if you have had a physician administered peel within the past two (2) years.

Sunburned or irritated areas cannot be waxed.

Moles cannot be waxed.

WARNING: If you are currently using any of the below prescription medications, you **cannot receive** a waxing service. You must discontinue use of these medications for a **minimum of three months** prior to waxing. *The exception is Accutane; you must be off this medication a minimum of one year prior to waxing.*

- Accutane (Acne medication)
- Adapalene (Acne medication)
- Alustra (Retin A)
- Avage (See Tazorac - Acne medication)
- Avita (See Retin A)
- Differin (Acne medication)
- Isotretinoin (See Accutane)
- Renova (See Retin A)
- Retin A (Acne and Anti-aging medication)
- Tazarac (Acne medication)
- Tazarotene (See Tazorac)
- Tretinoin (See Retin A)

CAUTION: If you are currently using any of the following, please inform your esthetician. These products can make the skin more sensitive. Thin, sensitive skin is more vulnerable to lifting and sensitivity during waxing.

- Other Acne medications not listed above
- Alpha Hydroxy Acids (Glycolic, Lactic)
- Oral Antibiotics
- Topical Antibiotics
- Retinol (Vitamin A)
- Salicylic Acid

Ladies, for personal comfort and best results you should avoid hair removal two days before your cycle is due and two days after it is completed

Day Of

Hair needs to be at least ¼ inch long but preferably ½ inch - about the length of a grain of rice.

Exfoliate the area to be waxed to make sure you get the best result possible.

Limit the amount of caffeine before your appointment.

Post Waxing Care

AFTER WAX HOME CARE:

No sun or tanning for 12-24 hours following any waxing treatment.

No heat, hot baths, or sauna for 24 hours following any body waxing treatment.

Avoid working out and/or sweating for 24 hours. Bacteria can irritate the newly waxed skin.

No abrasive scrubs or exfoliants for 24 hours following a waxing treatment.

Avoid applying fragranced products to the waxed area, including: perfume, scented lotions, sun screens, self tanners or tan accelerators, anti-perspirants, cosmetics, or feminine hygiene sprays.

Only use professional products, recommended to you by the skin care therapist who performed the waxing service.

Any pinking of the skin should disappear within 6 to 8 hours after the waxing treatment. Slight pinking is normal, and indicates that the hair was removed from the root, rather than superficially broken off, as in shaving. This is the reason that professional waxing lasts so much longer. For best results make sure to rebook to keep your appointments on a four week schedule, or the timing decided based on your individual hair growth rate.

If you have any questions about your waxing service or after care at home, please do not hesitate to call the salon or message.